

The simplest way

...to make easy fried rice.

Serves: 4 | Preparation: 20 minutes | Cooking: 10 minutes *Leftovers are great for lunch boxes.*

Ingredients:

Brown rice

2 eggs

½ onion, finely diced

1 cup cabbage, chopped

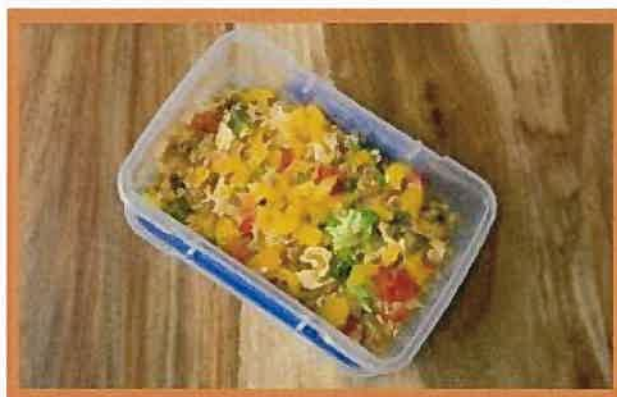
½ cup broccoli, chopped

½ cup peas

1 carrot, finely grated

1 tsp salt-reduced soy sauce

Canola oil spray



Method:

Cook rice until soft. Lightly spray a fry pan with canola oil and place over medium heat. Crack eggs into hot pan. Stir to mix white with yolk, using a wooden spoon to separate into pieces (like a scramble). Add all veg, cook about two minutes, add brown rice and season with soy sauce.

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit



HOT CROSS BUN ORDER FORM EASTER 2018

Bakers Delight Vincentia Marketplace would like to offer you the opportunity to purchase delicious Hot Cross Buns and make a profit for our school. The more buns you purchase the more profit you make.

For every 6 pack of Hot Cross Buns you order, Bakers Delight Vincentia Marketplace will give \$2 to our School!

Simply fill in the details below and select how many and which Hot Cross Buns you would like to order, bring your order form together with full payment back to school by 3pm on Friday 23/03/2018 and your buns will be ready to collect on Thursday 29/03/2018.

Remember to ask family and friends if they would like to order some too.

Student's Full Name: _____

Class: _____

Contact No: _____

[illegible]

We Need You!!!

The P & C AGM will be held in the teachers' staff room at 7pm Monday 19th March.

We are always looking for parents & family members to join our amazing P & C.

Each year we lose parents due to their kids moving on to high school, so we ask that any new parents to the school who would be willing to contribute their input and time please feel free to come along to our meetings.

Our P & C is volunteered based and if we didn't have these current volunteers our canteen and uniform shop would not be available to our children at the school.

Did you know that last year our P & C raised over an amazing \$10,000 to go towards the S.T.E.M. Room. These funds were raised from a combination of the Music Festival, Trivia Night, catering for the District Athletics Carnival, Colour Fun Run BBQ, Grandparents Day and a \$1000 grant that the P & C applied for and was successful.

We hope this year to go above and beyond this amazing effort and we rely on the parents & community to help us achieve these amazing efforts.

We are not asking for you to take up a position at our AGM on Monday the 19th, just to come along have an input on how to improve our kids future.

Melissa Sloan

Compulsory School Attendance

Information for parents

Education for your child is important and regular attendance at school is essential for your child to achieve their educational best and increase their career and life options. NSW public schools work in partnership with parents to encourage and support regular attendance of children and young people. When your child attends school every day, learning becomes easier and your child will build and maintain friendships with other children.

What are my legal responsibilities?

Education in New South Wales is compulsory for all children between the ages of six years and below the minimum school leaving age. The *Education Act 1990* requires that parents ensure their children of compulsory school age are enrolled at, and regularly attend school, or, are registered with the Board of Studies, Teaching and Educational Standards for homeschooling.

Once enrolled, children are required to attend school each day it is open for students.

The importance of arriving on time

Arriving at school and class on time:

- Ensures that students do not miss out on important learning activities scheduled early in the day
- Helps students learn the importance of punctuality and routine
- Give students time to greet their friends before class
- Reduces classroom disruption

Lateness is recorded as a partial absence and must be explained by parents.

What if my child has to be away from school?

On occasion, your child may need to be absent from school. Justified reasons for student absences may include:

- being sick, or having an infectious disease
- having an unavoidable medical appointment
- being required to attend a recognised religious holiday
- exceptional or urgent family circumstance (e.g. attending a funeral)

Following an absence from school you must ensure that within 7 days you provide your child's school with a verbal or written explanation for the absence. However, if the school has not received an explanation from you within 2 days, the school may contact you to discuss the absence.

Principals may decline to accept an explanation that you have provided if they do not believe the absence is in the best interest of your child. In these circumstances your child's absence would be recorded as unjustified. When this happens the principal will discuss their decision with you and the reasons why.

Principals may request medical certificates or other documentation when frequent or long term absences are explained as being due to illness. Principals may also seek parental permission to speak with medical specialists to obtain information to collaboratively develop a health care plan to support your child. If the request is denied, the principal can record the absences as unjustified.

Travel

Families are encouraged to travel during school holidays. If travel during school term is necessary, discuss this with your child's school principal. An *Application for Extended Leave* may need to be completed. Absences relating to travel will be marked as leave on the roll and therefore contribute to your child's total absences for the year.

In some circumstances students may be eligible to enrol in distance education for travel periods over 50 school days. This should be discussed with your child's school principal.





My child won't go to school. What should I do?

You should contact the principal as soon as possible to discuss the issue and ask for help. Strategies to help improve attendance may include a referral to the school's learning and support team or linking your child with appropriate support networks. The principal may seek further support from the Home School Liaison Program to develop an Attendance Improvement Plan.

What might happen if my child continues to have unacceptable absences?

It is important to understand that the Department of Education and Communities may be required to take further action where children of compulsory school age have recurring numbers of unexplained or unjustified absences from school.

Some of the following actions may be undertaken:

- Compulsory Schooling Conferences

You may be asked, along with your child, to attend a Compulsory Schooling Conference. The conference will help to identify the supports your child may need to have in place so they attend school regularly. The school, parents and agencies will work together to develop an agreed plan (known as Undertakings) to support your child's attendance at school.

- Application to the Children's Court – Compulsory Schooling Order

If your child's attendance at school remains unsatisfactory the Department

may apply to the Children's Court for a *Compulsory Schooling Order*. The Children's Court magistrate may order a Compulsory Schooling Conference to be convened.

- Prosecution in the Local Court

School and Department staff remain committed to working in partnership with you to address the issues which are preventing your child's full participation at school. In circumstances where a breach of compulsory schooling orders occurs further action may be taken against a parent in the Local Court. The result of court action can be the imposition of a community service order or a fine.

What age can my child leave school?

All New South Wales students must complete Year 10 or its equivalent. After Year 10, and up until they reach 17 years of age, there are a range of flexible options for students to [complete their schooling](#).

Working in Partnership

The Department of Education and Communities recognises that working collaboratively with students and their families is the best way to support the regular attendance of students at school.

We look forward to working in partnership with you to support your child to fulfil their life opportunities.

If a student misses as little as 8 days in a school term, by the end of primary school they'll have missed over a year of school.

Further information regarding school attendance can be obtained from the following websites:

Policy, information and brochures:

<http://www.schools.nsw.edu.au/studentsupport/programs/attendance.php>

The school leaving age:

<http://www.schools.nsw.edu.au/leaving-school/index.php>

Do you need an interpreter?

Interpreting services are available on request, including for the hearing impaired. The Telephone Interpreter Service is available 24 hours a day, seven days a week on 131 450. You will not be charged for this service.

For further advice and questions contact your educational services team

T 131 536

Learning and Engagement

Student Engagement & Interagency Partnerships

T 9244 5129

www.dec.nsw.gov.au

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NSW Department of Education and Communities